- 1. Compute the lifetime of the 21 cm hyperfine transition in hydrogen. (a) Find the decay rate for each of the three values of  $m_F$ . (b) If the atom has equal probability of starting with any  $m_F$ , what is the average lifetime?
- 2. Consider the matrix elements of the form

$$\langle \omega' J' M'_J L' S' | \hat{T} | \omega J M_J L S \rangle$$

where the states describe an atom and the operator  $\hat{T}$  is either the electric dipole, orbital magnetic dipole, spin magnetic dipole, or electric quadrupole transition operator. Determine in each of these cases the selection rules for parity, J,  $M_J$ , and L. Make a table displaying the selection rules, and explain very briefly your reasoning.

- **3.** This problem concerns spontaneous transitions of a hydrogen atom.
  - (a) Make an argument using dimensional analysis and basic physics to determine how the total rate  $\Gamma$  for an electric dipole transition of hydrogen depends upon  $e, c, \hbar$ , the frequency  $\omega$  of the emitted photon, and the dipole matrix element  $\mathbf{d} = \langle f | \mathbf{r} | i \rangle$ . Explain your logic. Do *not* just copy from your answer in part 3c.
  - (b) Use your result from part 3a to make an order of magnitude estimate of the rate for the transition  $2p \rightarrow 1s$ . Next, compare this with the rate for the transitions  $2p_{3/2} \rightarrow 2s_{1/2}$  and  $2s_{1/2} \rightarrow 2p_{1/2}$ . (The  $2p_{3/2}$ — $2s_{1/2}$  fine structure energy splitting is of order  $\alpha^2$  Rydbergs, and the  $2s_{1/2}$ — $2p_{1/2}$  Lamb shift is about ten times smaller than that.)
  - (c) Using Fermi's golden rule, write down an explicit formula for the transition rate for an electric dipole transition between atomic states  $|i\rangle$  and  $|f\rangle$ . Evaluate any integrals or sums except those implicit in the dipole matrix element. Verify that your result agrees with your result for part 3a.
  - (d) Suppose an atom makes an electric dipole transition from a 2p,  $m_l = 1$  state to the 1s state. What is the polarization of the emitted photon if the photon emerges in the (i)  $\hat{z}$  direction, (ii)  $\hat{x}$ -direction? Do this *both* by physical reasoning and by explicit computation.
  - (e) Verify eqn. (2) below.

Possibly useful information:  $\alpha = e^2/\hbar c \simeq 1/137$   $\hbar \simeq 2/3 \text{ eV-fs} (1 \text{ fs} = 10^{-15} \text{ s})$ 1 Rydberg = 13.6 eV

$$A^{j}(\mathbf{r},t) = \sum_{\mathbf{k},\lambda} \left(\frac{2\pi\hbar c}{Vk}\right)^{1/2} \left(a_{\mathbf{k},\lambda} \epsilon_{\lambda}^{j} e^{i\mathbf{k}\cdot\mathbf{r}-i\omega_{\mathbf{k}}t} + a_{\mathbf{k},\lambda}^{\dagger} \epsilon_{\lambda}^{j*} e^{-i\mathbf{k}\cdot\mathbf{r}+i\omega_{\mathbf{k}}t}\right)$$
(1)

where periodic boundary conditions in a box of volume V are assumed, and  $\epsilon_{\lambda}$ ,  $\lambda = 1, 2$  are the two polarization vectors corresponding to a given wavevector **k**. The combined integral over angles and polarization sum is

$$\int d^2 \hat{\mathbf{k}} \sum_{\lambda} \epsilon_{\lambda}^{j} \epsilon_{\lambda}^{l^*} = \frac{8\pi}{3} \delta^{jl}.$$
(2)