

$$\text{Now } J_2 = \begin{pmatrix} 0 & 0 & 1 \\ 0 & 0 & 0 \\ -1 & 0 & 0 \end{pmatrix} \Rightarrow J_1 J_2 - J_2 J_1 = J_3$$

So we have verified that

$$e^{-\theta J_2} J_1 e^{\theta J_2} = J_1 \cos \theta + [J_1 J_2 - J_2 J_1] \sin \theta$$

The other cases are similar. J_3

Note that the formula above is very similar to the formula

$$e^{-\theta J_2} \begin{pmatrix} 1 \\ 0 \\ 0 \end{pmatrix} = \begin{pmatrix} \cos \theta \\ 0 \\ \sin \theta \end{pmatrix} = \cos \theta \begin{pmatrix} 1 \\ 0 \\ 0 \end{pmatrix} + \sin \theta \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix}$$

$$\text{or } e^{-\theta J_2} \hat{e}_1 = \cos \theta \hat{e}_1 + \sin \theta \hat{e}_3$$

Method II. Assume that

$$e^{-\theta J_2} J_1 e^{\theta J_2} = \sum_0^{\infty} \frac{\theta^n}{n!} \Omega_n \text{ where the}$$

Ω_n are matrices yet to be determined.

$$\text{Putting } \theta = 0 \Rightarrow J_1 = \Omega_0$$